

# NORTH AMERICAN HFpEF SUMMIT



**Penn**  
UNIVERSITY of PENNSYLVANIA



**Cedars Sinai**  
Smidt Heart Institute



**VCU**  
**Health**  
Pauley Heart Center



**MUSC**  
Medical University  
of South Carolina

June 12-14, 2026  
Hyatt Downtown Charleston  
Charleston, South Carolina

Endorsed by  
**HFSA**

# North American HFpEF Summit

June 12-14, 2026 | Charleston, South Carolina



## CONFERENCE DIRECTORS

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### Sheldon Litwin, M.D., FACC, FAHA, FASE, FSCCT

Alicia Spaulding-Paolozzi Professor of Medicine,  
Division of Cardiology  
Medical University of South Carolina, Charleston, SC

### David Lefer, PhD, FAHA

Professor of Medicine  
Cedars Sinai, Los Angeles, CA

### Stuart Prenner, M.D.

Associate Professor of Medicine  
University of Pennsylvania, Philadelphia, PA

### Fadi N. Salloum, PhD, FAHA, FAPS

Sr. Associate Dean for Research, VCU School of Medicine  
Natalie N. and John R. Congdon Sr. Endowed Chair  
VCU Health Pauley Heart Center  
Professor, Department of Internal Medicine (Cardiology)  
VCU Medical Center, Richmond, VA

### Thomas E. Sharp, Ph.D.

Assistant Professor, Department of Molecular Pharmacology and  
Physiology Hypertension and Kidney Center University of South Florida,  
Morsani College of Medicine, Tampa, FL

### Ryan Tedford, M.D., FACC, FAHA, FHFSa

Dr. Peter C. Gazes Professor of Medicine/Cardiology  
Medical Director, Cardiac Transplantation  
Director, Advanced Heart Failure & Transplant Fellowship Training Program  
Medical University of South Carolina, Charleston, SC

### Payman Zamani, M.D., MTR

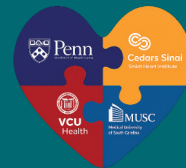
Assistant Professor of Medicine  
University of Pennsylvania, Philadelphia, PA



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# North American HFpEF Summit

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## GUEST FACULTY

### William Abraham, M.D.

Professor of Internal Medicine  
The Ohio State University  
Wexner Medical Center, Columbus, OH

### Mark N. Belkin, M.D.

Assistant Professor of Medicine  
Director, UChicago Hemodynamic Laboratory  
The University of Chicago Medicine, Chicago, IL

### Alexander J. Blood, M.D., MSc

Instructor of Medicine, part-time, Harvard Medical School  
Associate Director, Accelerator for Clinical Transformation  
Brigham and Women's Hospital, Boston, MA

### Javed Butler, M.D., MPH, MBA, FACC, FAHA, FESC

Senior Vice President, Baylor Scott and White Health  
Maxwell A. and Gayle H. Clampitt Endowed Chair  
Baylor Scott and White Health, Dallas, Texas  
Distinguished Professor of Medicine, University of Mississippi, Jackson, MI

### Y.S. Chandrashekar, M.D., DM, FACC

Professor of Medicine  
Editor-in-chief JACC Cardiovascular Imaging  
University of Minnesota, Minneapolis, MN

### Julio A. Chirinos, M.D., PhD, FAHA, FESC

Professor of Medicine  
Director, Investigator Initiated Trials  
Co-Director, Clinical Research. T32 Training Program in CV  
Biology and Medicine.  
University of Pennsylvania Perelman School of Medicine  
Philadelphia, PA

### Scott Hummel, M.D., MS

Chief, Cardiology, VA Ann Arbor  
Professor of Medicine  
University of Michigan Health, Ann Arbor, MI

### Rami Kahwash, M.D.

Professor of Internal Medicine  
Division of Cardiovascular Medicine, Section of Heart Failure & Transplant  
Director, Heart & Vascular Research Organization  
The Ohio State University Wexner Medical Center, Columbus, Ohio

### Michelle Kittleson, M.D., PhD

Director, Heart Transplantation  
Co-Director, Cardiac Amyloidosis Program  
Professor of Medicine, Cedars-Sinai, Los Angeles, CA

### Liviu Klein, M.D., MS

Professor of Medicine  
Section Chief, Advanced Heart Failure, Mechanical Circulatory Support,  
Pulmonary Hypertension and Heart Transplant  
San Francisco, CA

### Anuradha Lala-Trindade, M.D.

Professor of Medicine  
Co-Editor-in-Chief of the Journal of Cardiac Failure  
Program Director for the Advanced HF & Transplant Fellowship  
Mount Sinai, NY

### Ken Margulies, M.D.

Professor of Medicine  
Perelman School of Medicine  
University of Pennsylvania, Philadelphia, PA

### Anjali Owens, M.D.

Associate Professor of Medicine  
Director, Hypertrophic Cardiomyopathy Program  
University of Pennsylvania Perelman School of Medicine, Philadelphia, PA

## GUEST FACULTY CONTINUED

### John Ostrominski, M.D.

Fellow in Cardiovascular Medicine and Obesity Medicine,  
Brigham and Women's Hospital  
Harvard Medical School, Boston, MA

### Milton Packer, M.D.

Distinguished scholar, Baylor Scott & White Health System  
Dallas, TX

### Ambarish Pandey, M.D.

Associate Professor of Internal Medicine  
Associate Program Director for IM Residency Training  
UT Southwestern Medical Center, Dallas, TX

### Sumanth Prabhu, M.D.

Lewin Distinguished Professor of Cardiovascular Diseases  
Chief, Division of Cardiology  
Professor of Pathology and Immunology  
Cardiologist-in-Chief, Barnes Jewish Hospital, St. Louis, MO

### Vishal Rao, M.D., MPH

Assistant Professor of Medicine  
Medical University of South Carolina, Charleston, SC

### Lisa Rathman, CRNP

University of Pennsylvania, Philadelphia, PA

### W. H. Wilson Tang, M.D.

Professor of Medicine, Cleveland Clinic Lerner College of Medicine,  
of Case Western Reserve University  
Research Director (Heart Failure/Transplant)  
Heart Vascular and Thoracic Institute, Cleveland Clinic, OH

### Orly Vardeny, PharmD, MS

Professor of Medicine  
University of Minnesota Medical School, Minneapolis, MN

### Amanda R. Vest, MBBS, MPH, FHFS, FAHA, FACC

Section Head of Heart Failure and Transplantation Cardiology Cleveland  
Clinic, Cleveland OH

### Firas Zahr, M.D.

Director, Interventional Cardiology  
Lowell Edwards Professor of Cardiovascular Medicine  
Co-Director, Heart & Vascular Service Line  
Oregon Health & Science University, Portland, OR

### Michael R. Zile, M.D.

Charles Ezra Daniel Professor of Medicine  
Medical University of South Carolina  
Chief, Division of Cardiology  
RHJ Veterans Affairs Medical Center, Charleston, SC



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[ExploreCharleston.com](http://ExploreCharleston.com)

# North American HFpEF Summit

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### CONFERENCE OBJECTIVES

Since 2021, three separate symposia focused on HFpEF were being held in the United States:

1. The HFpEF Summit – an endeavor spearheaded by David Lefer (Cedars Sinai) and Fadi Salloum (Virginia Commonwealth) to bring together basic and translational researchers along with our industry partners;
2. The Charleston HFpEF Conference directed by Sheldon Litwin, Ryan Tedford, and Michael Zile (all at the Medical University of South Carolina); focusing on the clinical aspects of the disease
3. The UPenn HFpEF Symposium, chaired by Stuart Prenner and Payman Zamani (both at University of Pennsylvania), which also focused on the clinical diagnosis and management of HFpEF with an emphasis on exercise intolerance

The leaders from these groups have come together to create one annual HFpEF conference drawing from the most successful elements of each and leading to the creation of The North American HFpEF Summit. The goals of this conference are to provide:

1. A comprehensive guide to the diagnosis and management of HFpEF for clinicians (MDs, DOs, NPs, RNs, PAs, PharmDs) who care for these patients
2. A forum in which clinicians, basic and translational researchers, and industry partners can interact to brainstorm on current and future directions
3. A world-class faculty delivering state of the art lectures, case-based panel discussions, debates and an industry round table



### CREDIT DESIGNATION

#### Physician Credit Statement

The Medical University of South Carolina designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Other Credit Statements

**Nurses:** Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours of offered for 12AMA PRA Category 1 Credit(s)<sup>™</sup>.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participants completion information to ACCME for the purpose of granting ABIM MOC credit.



### KNOWLEDGE GAPS

There are now more patients who have Heart Failure with preserved Ejection Fraction (HFpEF) than those with reduced Ejection Fraction (HFrEF). Making the diagnosis of HFpEF is more challenging than HFrEF as many commonly used screening tools such as physical examination, echocardiography and measurement of natriuretic peptide levels are less sensitive and specific in this population. Most importantly, no therapies have yet been shown to improve major cardiovascular outcome (i.e. reductions in hospitalization rates or lower mortality). Several ongoing studies are evaluating novel treatments for this disorder.

### ACCREDITATION

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### DISCLOSURE

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. An ineligible company is any entity whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about of label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

### AMERICANS WITH DISABILITIES ACT

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at 843-876-1925.

### ENDORSEMENT

Officially endorsed by the Heart Failure Society of America. The opinions presented in this educational activity do not necessarily reflect the opinions or recommendations of the HFSA.



# North American HFpEF Summit

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## COURSE AGENDA

### FRIDAY, JUNE 12

- 12:00 p.m. Registration and Exhibit Hall Open
- 12:50 p.m. Join Live Stream Session/Welcome  
*Introduction, Sheldon Litwin, M.D.*  
*Session Chair, Payman Zamani, M.D.*
- 1:00 p.m. HFpEF Diagnosis and Treatment: Kittleson's Pearls,  
*Michelle Kittleson, M.D., PhD*
- 1:30 p.m. Imaging in HFpEF,  
*Y.S. Chandrashekhar, M.D., DM, FACC*
- 2:00 p.m. Is HFpEF a Vascular Disease? The Importance of  
Ventricular-Vascular Coupling, *Julio Chirinos, M.D.*
- 2:30 p.m. Break/Exhibit Hall  
*Session Chair, Ryan Tedford, M.D.*
- 2:45 p.m. Evolving Concepts in Aldosterone Modulation  
and HFpEF, *Javed Butler, M.D.*
- 3:15 p.m. Invasive/Non-Invasive Remote Monitoring  
Overview: Why Some Trials Work and Some Don't,  
*Michael Zile, M.D.*
- 3:45 p.m. Debate: Sinus Rhythm is Always the Goal in HFpEF:  
There is No Limit to the Number of Ablations  
for Atrial Fibrillation,  
*Wilson Tang, M.D. & Sheldon Litwin, M.D.*
- 4:15 p.m. Break/Exhibit Hall  
*Session Chair, Michael Zile, M.D.*
- 4:30 p.m. Advancing HCM Treatment: Myosin Inhibitors and  
Beyond, *Anjali Owens, M.D.*
- 5:00 p.m. Crazy New Ideas in the Field of HFpEF: Open Your  
Mind, Heal Your Heart, *Bill Abraham, M.D.*
- 5:30 p.m. Keynote: The Adipokine Hypothesis: A Novel  
Unifying Framework for Understanding HFpEF,  
*Milton Packer, M.D.*
- 6:00 p.m. Adjourn
- 6:05 p.m. MOC Assessment (for those interested in  
receiving MOC Credit)
- 6:15 p.m. Cocktail Reception in Exhibit Hall
- 7:15 p.m. Reception Concludes

### SATURDAY, JUNE 13

- 7:00 a.m. Registration/Exhibit Hall Open/Breakfast
- 7:50 a.m. Join Live Stream Session/Welcome  
*Session Chairs,*  
*Stuart Prenner, M.D. & Thomas Sharp, M.D.*
- 8:00 a.m. Valve Disease in HFpEF, Is it the Symptom or the  
Disease? *Firas Zahr, M.D.*
- 8:30 a.m. Nutrition Controversies in the treatment of HFpEF  
*Scott Hummel, M.D.*
- 9:00 a.m. Fibrosis & Inflammation: Therapeutic Targets in  
HFpEF? *Sumanth Prabhu, M.D.*
- 9:30 a.m. Break/Exhibit Hall  
*Session Chair, Sheldon Litwin, M.D.*
- 9:45 a.m. Clinics Without Walls: The Future of Remote Patient  
Management, *Liviu Klein, M.D.*
- 10:15 a.m. Cardiac Arrhythmias in HFpEF, *Rami Kahwash, M.D.*
- 10:45 a.m. Contemporary Approaches to Medical Therapy  
Optimization in HFpEF, *Orly Vardeny, PharmD, MS*
- 11:15 a.m. Break/Exhibit Hall  
*Session Chairs,*  
*Brian Houston, M.D. & David Lefer, M.D.*
- 11:30 a.m. Cardio-Kidney-Metabolic Syndrome: What Is It?  
How Do We Treat It? *John Ostrominski, M.D.*
- 12:00 p.m. Precision Therapies in HFpEF: the Right Treatment  
for the Right Patient, *Ken Margulies, M.D.*
- 12:30 p.m. Adjourn for the day
- 12:35 p.m. MOC Assessment (for those interested in  
receiving MOC Credit)

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## COURSE AGENDA

### SUNDAY, JUNE 14

- 7:00 a.m. Registration/Exhibit Hall Open/Breakfast
- 7:50 a.m. Join Live Stream Session/Welcome  
*Session Chairs,  
Payman Zamani, M.D. & Fadi Solloum, M.D.*
- 8:00 a.m. Benefits and Challenges of Exercise Intervention in HFpEF,  
*Ambarish Pandey, M.D.*
- 8:30 a.m. Debate: Bariatric Surgery vs. GLP1's for Obesity-Related HFpEF,  
*Amanda Vest, M.D. & Alexander Blood, M.D., MSc.*
- 9:00 a.m. Clinical Utility of Invasive CPET,  
*Mark Belkin, M.D.*
- 9:30 a.m. Break/Exhibit Hall  
*Session Chair, Vishal Rao, M.D.*
- 9:45 a.m. Prevention of HFpEF, *Anuradha Lala-Trindade, M.D.*
- 10:15 a.m. Late Breaking Clinical Trial Presentations  
*Ryan Tedford, M.D. & Sheldon Litwin, M.D.*
- 10:45 a.m. Break/Exhibit Hall  
*Session Chair, Lindsay Herron, M.D.*
- 11:00 a.m. Palliative Care in HFpEF, *Vishal Rao, M.D.*
- 11:30 a.m. Optimizing the Role of APP's in the HFpEF Team  
*Lisa Rathman, CRNP*
- 12:00 p.m. Wrap-up
- 12:05 p.m. MOC Assessment (for those interested in receiving MOC Credit)



## HOTEL ACCOMMODATIONS

Hyatt Downtown Charleston  
560 King Street  
Charleston, SC 29403  
(843) 414-4900

A block of rooms has been reserved at the Hyatt Charleston, 560 King Street, Charleston, SC 29403. The conference rate is **\$269++** and the room block for conference registrants will be held until **Monday, May 11, 2026**. *The room block may fill prior to May 11 and availability cannot be guaranteed. We suggest you make your reservation as soon as possible.* To make your reservation, please call the hotel at 1-800-993-4751 and reference the Charleston HFpEF Conference. You can also make your reservations by going to the following link:  
<https://www.hyatt.com/events/en-US/group-booking/CHSXH/G-HFP1>  
or the following QR Code:



**Parking:** Self-Parking Lot Rates: The Garage is a public garage owned and operated by the City of Charleston, not the Hyatt Hotels. Rates are \$3.00 per hour per day (until Midnight). Max Payment is \$24.00 At Midnight the clock starts again at \$3.00 per hour (a 1-night stay can cost \$48.00) Guests must pay for garage directly, the hotel does NOT take payments If leaving and returning the clock starts over at \$3.00 per hour. **Valet Parking Rates:** Valet Parking is \$49.00 per overnight with unlimited in and out privileges Valet does not park in the garage, an off-site parking lot is utilized. **Street Parking:** Traffic enforcement monitors parking meters regularly, towing can occur for unpaid parking and for street closures that take place on the weekends on King Street. Parking meters are free on Sundays.

Make your hotel Reservation before May 11!

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## June 12-14, 2026 | Charleston, South Carolina



### ACCESS TO RECORDED PRESENTATIONS

The MUSC Office of CME, with the permission of each speaker, will be recording each presentation of the conference. The videos will be posted online after the conference and be available for those who are not able to live stream the entire conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the posting date. The non-refundable fee for this service is \$150.00 and is only available to individuals registered for the conference. Access to the videos will be granted to attendees who purchase this option in advance of the conference.

Credit Designation: The Medical University of South Carolina designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit(s)*<sup>TM</sup> for each video. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### REGISTRATION INFORMATION

	Early Bird (on/before 3/31/2026)	Regular (on/after 4/1/2026)
Practicing Physicians (Virtual or in-person)	\$400	\$450
NP, PA, RPh, Retired, Other (Virtual or in-person)	\$300	\$350
Resident/Student	\$ 50	\$100
MUSC Employee* (Virtual or in-person)	\$100	\$150
Industry (Virtual or in-person)	\$750	\$800

\*MUSC Division of Cardiology faculty and staff should call the Office of CME at 843-876-1925 to register.

The fee for in-person attendance includes tuition, breaks, online syllabus, and certificates of attendance. The fee for live streaming the meeting includes tuition, online syllabus, and certificates of attendance.

Pre-registrations will be accepted until June 5, 2026 or until the conference capacity is reached. After this date, you must contact the MUSC Office of CME ([cmeoffice@musc.edu](mailto:cmeoffice@musc.edu) or [843-876-1925](tel:843-876-1925)) to see if space is still available.

#### REGISTRATION METHODS:

Please use ONE of these methods to register.

1. Mail registration form with check\* or credit card information to:

MUSC Office of CME  
96 Jonathan Lucas Street  
HE601, MSC 754  
Charleston, SC 29425

\*Checks should be made out to "Medical University of South Carolina"

2. Email/Scan Scan completed registration form to [cmeoffice@musc.edu](mailto:cmeoffice@musc.edu)

3. Complete registration through the [Online Registration Portal](#) or the following QR code:



### CANCELLATION

A refund will be made upon written request prior to May 12, 2026 less a \$100 cancellation fee. After May 12, 2026 no refunds will be made. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs.

By registering for this conference, you acknowledge and agree to this cancellation policy

# North American HFpEF Summit

June 12-14, 2026 | Charleston, South Carolina



By Registering for this conference, you acknowledge and agree to the cancellation policy stated below.

Name \_\_\_\_\_ Personal ID# XXX-XX- \_\_\_\_\_  
 (As you would like it printed on your name badge) (Last four digits of your SSN)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Specialty \_\_\_\_\_ Degree/Credentials \_\_\_\_\_

Email \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
 (Please provide your active email address to ensure proper receipt of all CME Credit documentation.)

### PLEASE READ THE STATEMENTS BELOW AND CHECK THE BOX IF YOU AGREE.

- YES I give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.
- NO I **do not** give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grants.

### PLEASE SELECT THE APPROPRIATE RATE(S)

	Early Bird (On/Before 4/30/2026)	Regular (On/After 5/1/2026)
Practicing Physicians	<input type="checkbox"/> \$400	<input type="checkbox"/> \$450
NP, PA, RPh, Retired, Other	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350
Resident/Student	<input type="checkbox"/> \$ 50	<input type="checkbox"/> \$100
MUSC Employee*	<input type="checkbox"/> \$100	<input type="checkbox"/> \$150
Industry	<input type="checkbox"/> \$750	<input type="checkbox"/> \$800

\*MUSC Division of Cardiology faculty and staff should call the Office of CME at 843-876-1925 to register.

### PLEASE SELECT THE REGISTRATION TYPE

- In-Person Registration  Virtual Registration

### ACCESS TO RECORDED PRESENTATIONS\*\*

- Yes, I would like access to the recorded videos for an additional fee  \$150  \$150
- No, I do not want access to the recorded videos for an additional fee  N/A  N/A

\*\* The videos will be posted online after the conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the posting date

### CONFERENCE REGISTRATION MAY BE CHARGED TO:

- Enclosed Check Payable to MUSC  MasterCard  Visa  Discover  American Express

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Name as it appears on card \_\_\_\_\_ CVV Security Code \_\_\_\_\_ Authorized amount to be charged \_\_\_\_\_

### REGISTRATION METHODS (Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- Mail registration form with check made out to "Medical University of South Carolina" or credit card information to  
 MUSC Office of CME  
 96 Jonathan Lucas Street  
 HE601, MSC 754  
 Charleston, SC, 29425
- Email/Scan completed registration form to [cmeoffice@musc.edu](mailto:cmeoffice@musc.edu)
- Complete registration through the [Online Registration Portal](#)

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